

CHEER ATHLETICS

Rev. Summer Camp

### General Information

### **Address:**

125 Sherwood Drive - Unit 37 Brantford, Ontario

### **Email:**

admin@impactcheerathletics.com

### Website:

www.pure-impact-cheerleading.com

### Instagram:

@impactcheerathletics







### Carrys Staff



Ashley Owner & Coach



Megan Program Director & Coach



Hillary
Birthday Party
Coordinator & Coach



Kearya Coach



Kayla Coach



Grenley Coach



Zmily Coach



Ashlyn Coach

# Rules and Expectations

### **Respect and Sportsmanship**

• Show respect towards coaches, staff, fellow campers, and equipment. Maintain a positive attitude and practice good sportsmanship at all times.

### **Appropriate Behaviour**

• No disruptive behaviour, bullying, or inappropriate language. Follow all instructions given by coaches and staff.

### **Safety First**

Wear appropriate attire and footwear for cheerleading.
 Follow all safety guidelines and procedures to prevent injuries.

### **Personal Items**

• Keep personal belongings in designated areas. ICA is not responsible for lost or stolen items.

### **Health and Hygiene**

 Maintain personal hygiene and use the provided handwashing facilities regularly. Inform staff if you have any allergies or medical conditions.

### **Food and Drink**

• Bring a water bottle to stay hydrated. Follow camp policies regarding food, snacks, and any special dietary needs.

### Communication

 Notify us of any special needs or concerns regarding your child's participation in camp activities.



### **ICA Camp Code of Conduct:**

**Respectful Interaction:** All campers are expected to treat others with respect, including peers, coaches, and staff. Disrespectful behavior, such as name-calling, teasing, or physical altercations, will not be tolerated.

**Commitment to Teamwork:** Campers should support their teammates and work collaboratively. Cheering for one another and contributing to a positive team environment is essential. **Adherence to Rules:** Follow all camp rules and instructions provided by coaches and staff. This includes adhering to safety guidelines and participating fully in all activities.

### **ICA Camp Disciplinary Procedures:**

First Infraction: The camper will receive a verbal warning from the coach or staff member addressing the behaviour. Parents or guardians will be notified. The incident will be documented.

Second Infraction: The camper will meet with a coach or camp director to discuss the behaviour and its impact. Parents or guardians will be notified. A written warning will be issued.

Severe or Repeated Violations: For severe violations or continued disruptive behaviour, the camper may be dismissed from camp without refund. The decision will be made by the owner, program director and camp director, and communicated to the camper's family.

We appreciate your cooperation in adhering to these rules and expectations to ensure a safe and enjoyable camp experience for everyone.



### **ICA Camp Refund and Cancellation Policies:**

- **Full Refund:** Available if cancellation is made at least 30 days prior to the camp start date.
- **Partial Refund:** 50% refund if cancellation is made between 15-29 days before the camp start date.
- **No Refund:** Cancellations made less than 15 days before the camp start date are not eligible for a refund.
- **Emergency Exceptions:** Full refund in case of medical emergencies with a doctor's note.
- **Processing Time:** All refunds will be processed within 7-10 business days after the cancellation request is received.

### ICA Camp Late Pick-Up or Drop-Off Procedures:

- A fee of \$15 will be charged for every 15 minutes past the scheduled pick-up time.
- **First Offence:** Written warning and reminder of late pick-up policy.
- **Second Offence:** Late fee will be applied and must be paid before the camper's next attendance.
- **Repeated Offences:** May result in dismissal from the camp without refund.
- **Communication:** Parents must inform camp staff if they anticipate being late.



My child has no experience in cheerleading or tumbling. Can she still attend camp? Of course! There are no requirements for camp. It's great for beginners and provides an introduction to cheer if you are looking to register for one of our recreational or competitive programs!

**Do you offer half-day drop-in days?** No, we do not, but we do offer full-day drop-in days. If you need to drop off or pick up later, please let us know in advance. Please note there is a charge for aftercare.

If my child is sick for one of the days, can I have a credit or refund for that day? No, we do not provide credits or refunds if your child is sick. Please refer to our refund/cancellation policy before booking.

Do you have before and aftercare? Yes, we provide before care from 7:30AM to 8:00AM and aftercare from 4:00PM to 5:00PM, Monday to Friday. If you need before or aftercare for the day, please let us know. Before care is free, and aftercare is an additional \$15 per day. Please contact admin@impactcheerathletics.com to learn about our weekly discounts.

**How do I book?** Visit our website and use our online registration portal to book. Use the filters tab to find the desired camp. Payment can be made through your credit card at checkout.



7:30AM - 8:00AM: Before Care

8:00AM - 8:45AM: Team Building Activities

8:45AM - 9:30AM: Stations - Stunting, tumbling and jumps!

9:30AM - 10:15AM: PARK

10:15AM - 10:30PM: Snack

10:30AM - 11:30AM: Routine Practice

11:30AM - 12:30AM: Lunch Break

12:30PM - 12:45PM: Games

12:45PM - 1:00PM: Warm Up

1:00PM - 2:00PM: Routine Practice

2:00PM - 2:15PM: Snack

2:15PM - 3:00PM: Team Building Activities

**3:00PM - 3:50PM:** Stations - Stunting, tumbling and jumps!

3:50PM - 4:00PM: Clean up & Home Time

4:00PM - 5:00PM: After Care



## Tuesday Schedule

7:30AM - 8:00AM: Before Care

8:00AM - 8:45AM: Team Building Activities

8:45AM - 9:30AM: Stations - Stunting, tumbling and jumps!

9:30AM - 10:15AM: PARK

10:15AM - 10:30PM: Snack

10:30AM - 11:30AM: Routine Practice

11:30AM - 12:30AM: Lunch Break

12:30PM - 1:30PM: Themed Craft + Games

1:30PM - 2:00PM: Routine Practice

2:00PM - 2:15PM: Snack

2:15PM - 3:00PM: Team Building Activities

3:00PM - 3:50PM: Stations - Stunting, tumbling and jumps!

3:50PM - 4:00PM: Clean up & Home Time

4:00PM - 5:00PM: After Care



## Wednesday Schedule

7:30AM - 8:00AM: Before Care

8:00AM - 8:45AM: Team Building Activities

8:45AM - 9:30AM: Stations - Stunting, tumbling and jumps!

9:30AM - 10:15AM: PARK

10:15AM - 10:30AM: Snack

10:30AM - 11:30AM: Routine Practice

11:30AM - 12:30AM: Lunch Break / MOVIE

12:30PM - 1:30PM: FINISH MOVIE

1:30PM - 2:00PM: Routine Practice

2:00PM - 2:15PM: Snack

2:15PM - 3:00PM: Team Building Activities

3:00PM - 3:50PM: Stations - Stunting, tumbling and jumps!

3:50PM - 4:00PM: Clean up & Home Time

4:00PM - 5:00PM: After Care



## Thursday Schedule

7:30AM - 8:00AM: Before Care

8:00AM - 8:45AM: Team Building Activities

8:45AM - 9:30AM: Stations - Stunting, tumbling and jumps!

9:30AM - 10:15AM: PARK

10:15AM - 10:30AM: Snack

10:30AM - 11:30AM: Routine Practice

11:30AM - 12:30AM: Lunch Break

12:30PM - 12:45PM: Games

12:45PM - 1:00PM: Warm Up

1:00PM - 2:00PM: Routine Practice

2:00PM - 2:15PM: Snack

2:15PM - 3:00PM: Team Building Activities

**3:00PM - 3:50PM:** Stations - Stunting, tumbling and jumps!

3:50PM - 4:00PM: Clean up & Home Time

4:00PM - 5:00PM: After Care





7:30AM - 8:00AM: Before Care

8:00AM - 8:45AM: Team Building Activities

8:45AM - 9:30AM: Stations - Stunting, tumbling and jumps!

9:30AM - 9:45AM: Snack Break

9:45AM - 10:00AM: Games

10:00AM - 11:30AM: Routine Practice

11:30AM - 12:30PM: Lunch Break (PIZZA DAY)

**12:30PM - 12:45:** Circle Games **12:45PM - 1:00PM:** Warm Up

1:00PM - 2:00PM: Routine Practice + Film Final Routine

2:00PM - 2:15PM: Snack Break

2:15PM-4:00PM: Park for Water Day!

Please pack a bathing suit, towel, and extra clothes for your child on Friday. Pickup and sign-out will be at Arnold Anderson Stadium, 35 Sherwood Drive, Brantford, Ontario.

### Thank you!

